

~GLUTEN FREE~

BREADED CHICKEN BREAST

FULLY COOKED

Pre heat oven to 425F and bake for 20 - 25 minutes from frozen to a minimum internal temperature of 165F is reached.

INGREDIENTS:BONELESS SKINLESS CHICKEN BREASTS, WATER, SALT, CORN STARCH, DEXTROSE, FLAVOUR, AUTOLIZED YEAST EXTRACT, ONION POWDER, CHICKEN FAT, GARLIC POWDER, SPICES, SODIUM PHOSPHATE. IN A BREADING OF: RICE FLOUR, WATER, YELLOW CORN FLOUR, MODIFIED CORN STARCH, SALT, SUGAR, CORN STARCH, TAPIOCA, DEXTRIN, SPICES, GARLIC POWDER, PEA PROTEIN ISOLATE, GARLIC,POWDER RICE STARCH, BAKING POWDER, GARLIC, ONION POWDER, FLAVOUR, GUAR GUM, MODIFIED CELLULOSE, YEAST. BROWNED IN SOYBEAN OIL.

PRODUCT OF CANADA
PACKED IN CANADA BY 1694351 RR#1
Kitchener,Ont N2C2M3

Lot #2848

000680223843

Nutrition Facts

Valeur nutritive

Per 125g
pour 125g

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	210
Fat / Lipides	8g12%
Saturated / saturés	1.5g8%
Trans Fat / trans	0g
Cholesterol / Cholestérol	55mg
Sodium / Sodium	710mg30%
Carbohydrate / Glucides	17g6%
Fibre / Fibres	1g4%
Sugars / Sucres	0g
Protein / Protéines	18g
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	2%
Calcium / Calcium	2%
Iron / Fer	2%