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FOODS
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3295609 Frozen Boneless Skinless Chicken Breasts 3kg-raw



Nutrition Facts

Valeur nutritive

Per Approximately 1/2 piece (100 g)
pour Environ 1/2 pièce (100 g)

Calories 90	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 2 g	3 %
Saturated / saturés 0.4 g	2 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 17 g	
Cholesterol / Cholestérol 50 mg	
Sodium 450 mg	20 %
Potassium 250 mg	5 %
Calcium 0 mg	0 %
Iron / Fer 0.3 mg	2 %

*5% or less is a little, 15% or more is a lot

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Ingredients: Chicken breast portions (boneless, skinless), Water, Salt, Sodium tripolyphosphate. May contain: Egg, Milk, Soy, and/or Wheat.

Cooking instruction: Preheat oven to 204°C (400°F). Bake for 35-40 mins