



JD·SWEID
FOODS
since 1917

4217102: Century Uncooked Breaded Hot and Spicy Wings 4kg



| Nutrition Facts | |
|--|----------------------|
| Valeur nutritive | |
| Per approximately 3 chicken wings (150 g) / pour 3 | |
| Amount | % Daily value |
| Teneur | % valeur quotidienne |
| Calories / Calories 430 | |
| Fat / Lipides 30 g | 46 % |
| Saturated / saturés 7 g | 37 % |
| + Trans / trans 0.5 g | |
| Cholesterol / Cholestérol 80 mg | 28 % |
| Sodium / Sodium 950 mg | 40 % |
| Carbohydrate / Glucides 14 g | 5 % |
| Fibre / Fibres 0 g | 0 % |
| Sugar / Sucres 0 g | |
| Protein / Protéines 24 g | |
| Vitamin A / Vitamine A | 0 % |
| Vitamin C / Vitamine C | 0 % |
| Calcium / Calcium | 4 % |
| Iron / Fer | 15 % |

INGREDIENTS: CHICKEN WINGS (WINGLETS, DRUMETTES), WATER, SALT, SOY PROTEIN ISOLATE, SODIUM PHOSPHATE, MONOSODIUM GLUTAMATE, SPICE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, LEMON JUICE SOLIDS, SPICE EXTRACTIVES, CAPSICUM FLAVOUR (WATER, NATURAL FLAVOUR EXTRACTIVE, POLYSORBATE 80, DEXTROSE, XANTHAN GUM, POTASSIUM SORBATE, SODIUM BENZOATE). IN A BATTER AND BREADING OF WHEAT FLOUR, WATER, TOASTED WHEAT CRUMBS, CANOLA OIL, YELLOW CORN FLOUR, MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, SPICES, SALT, SOY PROTEIN ISOLATE, GARLIC POWDER, METHYL CELLULOSE GUM, BAKING POWDER, SUNFLOWER OIL, SODIUM ALUMINUM PHOSPHATE, GUAR GUM. MAY CONTAIN EGG MILK AND/OR SULPHITES.

COOKING INSTRUCTIONS: OVEN: PREHEAT OVEN TO 450°F (232°C). COOK FOR 10 MINUTES, FLIP AND CONTINUE COOKING FOR ANOTHER 8 -10 MINUTES.
DEEP FRY: PREHEAT DEEP-FRYER TO 350°F (177°C), AND COOK FOR 6 MINUTES.
PRODUCT MUST REACH AN INTERNAL TEMPERATURE OF 165°F (74°C)