



JD·SWEID
FOODS
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4347107- EP2 BREADED CHICKEN BURGER- 4KG



Nutrition Facts Valeur nutritive

Per 1 burger (126 g) / par 1 burger (126 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 280	
Fat / Lipides 15 g	23 %
Saturated / saturés 1.5 g	10 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 35 mg	
Sodium / Sodium 550 mg	23 %
Carbohydrate / Glucides 21 g	7 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 3 g	
Protein / Protéines 15 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	15 %

INGREDIENTS: Chicken breast meat, water, soy protein concentrate, salt, white pepper. In a breading and batter of water, toasted wheat crumbs with spices, salt, dextrose, yellow corn flour, guar gum, soy protein isolate, milk ingredients, whole egg powder, spices. Brown in vegetable oil. May contain sulphite.

UNCOOKED - FOLLOW COOKING INSTRUCTIONS

Times and temperatures may vary. Cook thoroughly to achieve a minimum internal temperature of 165° F (74°C). Recommended cooking times are from frozen - reduce time if cooking from thaw.

OVEN: Preheat oven to 425°F (218°C). Place burger on baking tray and bake on bottom rack for 15 minutes, then flip and bake for additional 10-15 minutes.

FRYER: Preheat to 350°F (177°C). Cook for approximately 5 minutes.