



**CRUNCHY
BATTERED COD
WILD CAUGHT/ OVEN READY**

COOKING INSTRUCTIONS:

In conventional oven, preheat to 475F. Place product on baking sheet and cook for approximately 13 - 15 minutes or until product is crisp. Turn product halfway through baking time for best results.

INGREDIENTS: COD FISH FILLETS,WATER, FLOUR (CORN, WHEAT, SOY) TOASTED WHEAT CRUMBS, VEGETABLE OIL (CANOLA AND /OR SUNFLOWER) MODIFIED STARCH (CORN), BEER, SEASONINGS (GARLIC, ONION, SPICES), SALT, SUGAR, VEGETABLE OIL SHORTENING (SOYA, COTTON SEED) BAKING POWDER, SODIUM PHOSPHATE, BEER FLAVOUR, CORONA BEER, (WATER BARLEY, HOPS, YEAST) CARBOHYDRATE GUM, NATURAL AND ARTIFICIAL FLAVOUR.

PRODUCT OF CANADA

PACKED IN CANADA BY 1694351 INC.
KITCHENER, ON N2C 2M3

Lot #7534 P9719

2.2Kg

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Nutrition Facts Valeur nutritive	
Per 100g pour 100g	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 180	
Fat / Lipides 8g	13%
Saturated / saturés 0.5g	3%
Trans Fat / trans 0g	
Cholesterol / Cholestérol 20mg	
Sodium / Sodium 590mg	25%
Carbohydrate / Glucides 15g	5%
Fibre / Fibres 1g	
Sugars / Sucres 0g	
Protein / Protéines 11g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	2%
Calcuim / Calcuim	2%
Iron / Fer	6%