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6320002: Hampton House Southern Style Halal Breaded Breast Strips 5kg



Nutrition Facts Valeur nutritive

Serving Size (100g) / Portion (100g)
approx 1 chicken strip

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 180	
Fat / Lipides 7 g	11 %
Saturated / saturés 0.5 g	4 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 25 mg	8 %
Sodium / Sodium 450 mg	19 %
Carbohydrate / Glucides 15 g	5 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 0 g	
Protein / Protéines 13 g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	0%
Calcium / Calcium	0%
Iron / Fer	10%

Ingredients: Chicken breast portions (boneless, skinless), water, salt, sodium phosphate, spices, calcium silicate. Battered and breaded with water, toasted wheat crumbs, wheat flour, dextrose, spice, onion powder, garlic powder, vegetable oil (manufacturing aid), corn flour, baking powder, salt. Browned in vegetable oil. May contain: milk, egg, soya and/or sulphites.

Cooking Instructions:

OVEN: Preheat oven to 425°F (218°C). Bake for 18-20 mins turning once.

DEEP FRY: Fry at 350°F (177°C) for approximately 4-5 minutes depending on size, or until fully cooked.

Poultry must reach a minimum internal temperature of 165°F (74°C)