



JD·SWEID
FOODS
since 1917

6325600: HH Breaded Boneless Chicken Breast Bites 2kg



Nutrition Facts

Valeur nutritive

Serving Size (100 g) / Portion (100 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 210	
Fat / Lipides 10 g	15 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 35 mg	
Sodium / Sodium 780 mg	33 %
Carbohydrate / Glucides 15 g	5 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 0 g	
Protein / Protéines 15 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	8 %

INGREDIENTS: BONELESS SKINLESS CHICKEN PIECES, WATER, SALT, FLAVOUR (SOY PROTEIN ISOLATE), SODIUM PHOSPHATE, GARLIC POWDER, ONION POWDER, SPICE, VEGETABLE OIL SHORTENING, MONOSODIUM GLUTAMATE. IN A BATTER AND BREADING OF WHEAT FLOUR, WATER, SALT, WHEAT GLUTEN, SOY PROTEIN, BAKING POWDER, EGG WHITE POWDER (BAKER'S YEAST, CITRIC ACID), CANOLA OIL, VEGETABLE OIL SHORTENING, SODIUM ACID PYROPHOSPHATE, MONOSODIUM GLUTAMATE, SODIUM BICARBONATE, SKIM MILK POWDER, DEXTROSE, CARAMEL, SPICE, FLAVOUR.

COOKING INSTRUCTIONS: COOK FROM FROZEN BAKE IN OVEN AT 425°F (220°C) FOR APPROXIMATELY 20 MINUTES OR UNTIL FULLY COOKED. TURN ONCE DURING COOKING. DEEP FRY AT 350°F (175°C) FOR APPROXIMATELY 7 MINUTES OR UNTIL FULLY COOKED. PRODUCT MUST REACH AN INTERNAL TEMPERATURE OF 165°F (74°C).