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FOODS
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6327103 Century Fully Cooked Crispy Breaded Chicken Bites 4kg



Nutrition Facts
Valeur nutritive

Serving Size (100 g) / Portion (100 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 230	
Fat / Lipides 12 g	18 %
Saturated / saturés 1 g + Trans / trans 0.1 g	6 %
Cholesterol / Cholestérol 30 mg	10 %
Sodium / Sodium 660 mg	28 %
Carbohydrate / Glucides 15 g	5 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 0 g	
Protein / Protéines 14 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	10 %

Ingredients: Boneless skinless chicken pieces, Water, Salt, Flavour (soy protein isolate), Sodium phosphate, Garlic powder, Onion powder, Spice, Vegetable oil shortening, Monosodium glutamate. In a batter and breading of: Enriched wheat flour, Water, Canola oil, Salt, Sodium acid pyrophosphate, Sodium bicarbonate, Wheat gluten, Spices, Whey powder, Garlic powder, Natural flavour, Extractives of paprika, Disodium inosinate, Disodium guanylate. Contains: Wheat, Soy, Milk

COOKING INSTRUCTIONS: BAKE IN OVEN AT 425°F (220°C) FOR APPROXIMATELY 20 MINUTES UNTIL HEATED THROUGH AND DESIRED CRISPNESS. TURN ONCE DURING COOKING. DEEP FRY AT 350°F (175°C) FOR APPROXIMATELY 7 MINUTES. PRODUCT MUST REACH AN INTERNAL TEMPERATURE OF 165°F (74°C).