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FOODS
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6217106: CENTURY FULLY COOKED BREADED WINGS WITH SALT & PEPPER GLAZE 4 kg



Nutrition Facts

Valeur nutritive

Per 3 wings (100 g) / pour (g)

Amount % Daily value

Teneur % valeur quotidienne

Calories / Calories 180

Fat / Lipides 12g 18 %

Saturated / saturés 3g 15 %

+ Trans / trans 0g

Cholesterol / Cholestérol 70mg

Sodium / Sodium 750mg 31 %

Carbohydrate / Glucides 2g 1 %

0 %

Fibre / Fibres 0g

Sugar / Sucres 0g

Protein / Protéines 15 g

Vitamin A / Vitamine A 4%

Vitamin C / Vitamine C 0%

Calcium / Calcium 2%

Iron / Fer 6%

INGREDIENTS:

chicken wings (winglets, drumettes), water, salt, flavour (soy protein isolate), spice, dextrose, silicon dioxide (manufacturing aid), modified corn starch, sodium phosphate. **In a batter and breading of:** wheat flour, water, salt, modified cornstarch, baking powder, dextrose, spice, garlic powder, toasted wheat crumbs (contains soybean oil), onion powder, natural flavour, spice extractives, calcium silicate (antitaking agent). Browned in vegetable oil. **Glaze:** water, spice, modified corn starch, salt, xanthan gum, citric acid, vegetable oil (mfg. aid). May contain egg and/or milk.

Cooking Instructions

Conventional Oven: Preheat oven to 425°F (220°C). Place chicken on a baking sheet and bake on middle oven rack for 15 minutes, flip and bake for 10 minutes, then flip and continue baking for 3 minutes, or until an internal temperature of 165°F (74°C) is reached.