

Aqua Star

Peruvian Scallops



Product Information:

- 100% all natural—additive free
- Sweet, rich flavor and succulent texture
- Ready to cook from frozen
- High in protein and naturally low in fat
- Individually quick frozen
- Ice glazed to prevent dehydration and ensure optimal freshness
- Highly versatile seafood that works well in a variety of different dishes
- Year-round, consistent availability; peak season is September through December
- Premium quality seafood at a value price
- Hand-harvested
- Feed from micro algae to grow
- Sustainably and responsibly sourced

Nutrition Facts Valeur nutritive

Per about 7 scallops (125 g)
pour environ 7 pétoncles (125 g)

Calories 120

* DV = Daily Value
* VQ = valeur quotidienne

	% DV* / % VQ*	% DV* / % VQ*
Fat / Lipides 2.5 g	3 %	Protein / Protéines 19 g
Saturated / saturés 0.1 g	1 %	Cholesterol / Cholestérol 45 mg
+ Trans / trans 0 g		Sodium 360 mg 16 %
Carbohydrate / Glucides 3 g		Potassium 500 mg 11 %
Fibre / Fibres 0 g	0 %	Calcium 125 mg 10 %
Sugars / Sucres 0 g	0 %	Iron / Fer 0.4 mg 2 %

* 5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Ingredients:

Scallops.