

VIRGINIA HAM

Ingredients: pork, water, spice (salt, sugar, flavouring (contains soy), sodium phosphate, sodium erythorbate, sodium nitrite, sodium bicarbonate, smoke extract, propylene glycol), carrageenan, natural smoke.

Allergen Information:

| <i>Component</i> | <i>ingredient in product</i> | <i>present in other product manufactured on the same line</i> | <i>present in the same manufacturing plant</i> |
|------------------|------------------------------|---|--|
| Peanuts | No | No | No |
| Tree Nuts | No | No | No |
| Milk | No | Yes | Yes |
| Soy | Yes | Yes | Yes |
| Eggs | No | No | Yes |
| Fish | No | No | Yes |
| Shellfish | No | No | Yes |
| Wheat | No | Yes | Yes |
| Sulphite | No | Yes | Yes |
| Gluten | No | Yes | Yes |
| Mustard | No | Yes | Yes |

Nutrition Facts

Serving Size (100g)

Amount Per Serving

Calories 210

% Daily Values*

| | |
|------------------------------|------------|
| Total Fat 16g | 25% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 60mg | 20% |
| Sodium 1040mg | 43% |
| Total Carbohydrate 1g | 0% |
| Dietary Fiber 0g | 0% |
| Sugars 0g | |
| Protein 15g | 30% |

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

| | Calories | 2,000 | 2,500 |
|--------------------|-----------|--------|--------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2400mg | 2400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |