

FULLY COOKED SEASONED AND BREADED

HEATING DIRECTIONS: (From Frozen) Preheat in Oven to 425F (218C). Line Baking Sheet with Parchement Paper, Place Frozen Chicken Chunks in a Single Layer on the Baking Sheet and Heat for 30 Minutes, Turning over halfway through Heating Times,. Let stand 5-10 Minutes before serving.

Ingredients: Chicken Breast Fillets, Water, Corn Starch, Potassium Chloride, Tetrapottasium

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Lot# 1788

PRODUCT OF CANADA

PACKED IN CANADA BY 1694351 INC Kitchener, Ontario, N2C 2M3 1.8kg



Nutrition Facts Valeur nutritive

pour environ 2 tenders (100g)	
Amount % Daily Teneur % valeur quoti	y Value dienne
Calories / Calories 187	
Fat / Lipides 7g	7%
Saturated / saturés 1g	5%
Trans Fat / trans 0g	
Cholesterol / CholestéroL 35mg	g
Sodium / Sodium 620mg	25%
Carbohydrate / Glucides 19g	12%
Fibre / Fibres 1g	4%
Sugars / Sucres 1g	
Protein / Protéines 13g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	2%
Calcuim / Calcuim	0%
Iron / Fer	2%



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